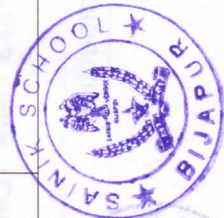


**REPORT ON THE ACTIVITIES CONDUCTED BY SAINIK SCHOOLS
UNDER EBSB FOR THE MONTH OF JULY 2020**

Name of the Ministry / Department : Sainik Schools Society, Ministry of Defence

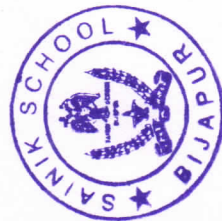
Sl.	Nature of activities	Place/ Institution	Date	Number of Participants	Remarks, if any
1.	Conducted online activities to spread awareness about Yoga in School, Cadets and Teachers delivered speeches on the subject. Apart from this, online PT with emphasis on Yoga was conducted daily in the morning. (a) Painting competition on the theme of "Ek Bharat Shreshtha Bharat" was conducted in two categories namely Juniors – Classes VII to IX and Seniors- Classes X to XII. (b) Essay writing competition was conducted in the languages of Hindi, English and Tamil for Juniors (Classes VII IX) and Seniors (Classes X to XII).	SS Ambikapur	01-21 July 2020	205	5
2.	(a) Conducted a series of programmes which included Quiz, Drawing Competition, Singing of Patriotic song, Video screening on Paramaveer Chakra Heroes through online. (b) Lecturette on Indian Constitution and Fundamental Duties like upholding and protecting the sovereignty, unity and integrity of India & respect to National Flag and National Anthem etc was conducted via digital platform.	SS Amaravathinagar	09 July 2020 13 July 2020	- -	
3.	(a) Quiz competition was conducted using Google Form on the theme "Ek Bharat Shreshtha Bharat" in which fifty questions of 50 marks were asked and duration was 1 hour. (b) Essay Writing Competition on the 'War Sacrifices and Patriotism' in which cadets participated through digital platform.	SS Bijapur	01 - 31 July 2020	418 284	
4.		SS Chandrapur	11 July 2020 25 July 2020	284 -	



Sl.	Nature of activities	Place/ Institution	Date	Number of Participants	Remarks, if any
	Under the tutelage of EBSB, an online drawing competition was organized through digital platform. The theme of competition was 'Assam's Wild Life'.		04 July 2020	-	
5.	Online quiz was organized under the theme of EBSB for cadets of classes VII & VIII to promote National Integrity among the cadets to showcase Unity in Diversity on a digital platform. Top three winners were awarded appreciation certificates.	SS Chittorgarh	13 July 2020	-	
	(a) Quiz/Essay / Slogan Writing Competition		06 July 2020	50	
	(b) Yog video contest and Write up on Yog Contest	SS East Siang	06-11 July 2020	44 & 58	
	(c) Yog Art & Posture Contest and Yuva Debate Contest		13-18 July 2020	63 & 40	
	(a) Class wise online Yoga session				
	(b) Class wise activity/ discussion on importance of Yoga during regular online classes.	SS Goalpara	01-21 July 2020	-	
	(c) Online lecture cum presentation on 'Benefits of Yoga'.				
	(d) Class wise online painting Competition.				
8.	Slogan Writing Competition	SS Jhansi	10 July 2020	32	
	(a) Yuva Voice of India Contest			33	
	(b) Yog Art and Poster Contest			120	
	(c) Yuva Debate Contest	SS Jhunjhunu	01-31 July 2020	100	
	(d) Yog Video Contest			54	
	(e) Write up on Yog Contest			112	
	(a) Painting Competition on the theme "Ek Bharat Shreshtha Bharat" was organized and Cadets of class VIII participated.			32	
10.	(b) Quiz/ Essay/ Slogan Writing Competition for Cadets of class VII was conducted.	SS Kapurthala	01-02 July 2020	43	
	(a) EBSB Quiz competition on West Bengal.		03 July 2020	123	
	(b) Bengali alphabets, proverbs and 25 sentences in Bengali were made familiar to the cadets under 'Bangla Sikhi' (Let's learn Bengali) programme	SS Kodagu	30 July 2020	402	
12.	Yog Video contest & online Painting Competition	SS Korukonda	06-11 July 2020	20	



Sl.	Nature of activities	Place/ Institution	Date	Number of Participants	Remarks, if any
	(a) Painting Competition.		04-06 July 20	-	
	(b) Inter House Quiz on state of Bihar.		12 July 2020	-	
13.	(c) Essay Writing on the theme of "War Sacrifices & Patriotism" of people of Bihar. The pictures of the essays were downloaded and displayed in the Staff Room. Cadets of classes IX & X participated.	SS Kunjpura	30 July 2020	34	
14.	(a) An online Painting Competition was conducted.	SS Mainpuri	01-31 July 2020	77	
	(b) Slogan writing Competition was conducted.				
15.	(a) Yog video content.	SS Nagrota	04 July 2020	22	
	(b) Online Article Writing Competition on 'Write on Yoga'.		17 July 2020	20	
16.	(a) Painting and Essay Writing Competitions conducted. Top three cadets were adjudged as the winners.				
	(b) Translation of Hindi sentences in the language of partner state (Rajasthan). Bhojpuri translations of those sentences were carried out.	SS Nalanda	01-05 July 2020	128	
17.	Essay writing competition on contribution of Bihar to Indian Independence movement.		26 July 2020	17	
18.	Online Yoga, Yoga Contest, Yoga Art & Poster, Yuva Dance, Yuva Voice, Yoga Tourism and Yuva Debate & English Essay Competition conducted. The cadets participated in these events and shared their photographs, videos, paintings, dance, debate etc.	SS Rewa	11-17 July 2020	29	
19.	(a) A notice about the contest and events was held during the Yoga Mahotsav was uploaded on the school website.				
	(b) On the class wise online information about the Yoga Mahotsav organized by Uttar Pradesh Tourism was shared with each cadet.	SS Rewari	01-31 July 2020	322	



Sl.	Nature of activities	Place/ Institution	Date	Number of Participants	Remarks, if any
20.	<p>(a) Slogan Writing Competition was conducted online for the cadets of Class VIII as a part of "Ek Bharat Shreshtha Bharat". The theme for the Slogan Writing was Atmanirbhar Bharat (Self-reliant India). Participants shared their slogans online. Top three cadets were adjudged as the winners.</p> <p>(b) Painting Competition was conducted online for the cadets of class VII as a part of "Ek Bharat Shreshtha Bharat". The theme for the competition was "Hum sab Bharat hain". Top three cadets were adjudged as the winners.</p>	SS Satara	08 July 2020	72	
21.	Cadets attended online yoga classes and practices various yoga postures while staying home. Teachers also participated yogasanas.	SS Sujanpura Tira	01-21 July 2020	178	
22.	Shared the website ID amongst the cadets through online and encouraged to participate in the Yoga Mahotsav.	SS Tilaiya	04 July 2020	93	



(Signature of Nodal Officer)
Principal,
Sainik School, Bijapur

